



Adventist Single Adult Ministries (ASAM)
 Ministry of the Chesapeake Conference
 6600 Martin Road, Columbia, MD 21044-9988
<http://www.asamchesapeake.com/> ~ asamchesapeake@yahoo.com

Issue 10, October 2006

Chapter Committee Chairs	Note from Our President, Annabelle																		
<p>President & Newsletter: Annabelle Randall asamchesapeake@yahoo.com 240-432-8790</p> <p>Vice President & Chaplain: Forest Randall asamchesapeake@yahoo.com 240-432-8790</p> <p>VP of Finance & Operations: John Arner johnlaural@earthlink.net 301-854-2221</p> <p>Event Coordinator & Newsletter: Janet Lane dwellerinthelane@hotmail.com 301-325-3924</p> <p>VP of Outdoor Events: LaVern Binder</p> <p>VP of Music: Fred Thomas Fmthomas1950@yahoo.com 410-992-9731</p> <p>Mission Project Coordinator: Dirci Marquart dirci@missionserv.org 240-315-2112</p> <p>Advisor: Laura Arner johnlaural@earthlink.net</p> <p>Sponsor: Howard Bankes 410-531-3192</p> <p>Web Master: Ron Patterson Eaglerising27@yahoo.com</p> <p><i>Please check the web site for updates:</i> http://www.asamchesapeake.com/</p>	<p><u>Fall Retreat</u></p> <p>A big thank you to everyone who participated in the Fall Retreat, Sept. 22-24. Adventist Risk Management provided special gifts for the attendees. We felt blessed to have so much music: Barbara Babcock, Stephanie Goddard, Shally John, Howard Bankes and Barbara Reis.</p> <p>Homer Trecartin illustrated mission stories with slides. Dirci Marquart told about the upcoming mission trip. Arne Oyre shared how massage can be used as a way to relieve stress.</p> <p>Dr. Sharps geared his lectures to singles' needs. His PowerPoint presentations will be available on CD in a month or so—to order, please contact me. There will be a small fee to cover duplication. Dr. Sharps welcomes your questions: drjimsharps@hotmail.com. You may visit his web site: http://www.jimsharps.com/</p> <p>Activities included: visiting parks and hiking, bonfire, and watching the documentary: March of the Penguins.</p> <p>We invite you to the Hawaiian Luau, October 14 and Clarksburg Singles Day, November 4. Details are on next page.</p> <p>Happy Birthday to:</p> <table border="0"> <tr> <td>Oct. 1</td> <td>Dirci Marquart, Joan Sticker</td> </tr> <tr> <td>Oct. 2</td> <td>Richard Barr</td> </tr> <tr> <td>Oct. 3</td> <td>Leonice Finney</td> </tr> <tr> <td>Oct. 18</td> <td>Kim Vogt</td> </tr> <tr> <td>Oct. 24</td> <td>Fred Herz</td> </tr> <tr> <td>Oct. 25</td> <td>Arlene Mott</td> </tr> <tr> <td>Oct. 26</td> <td>Lucille Malcolm</td> </tr> <tr> <td>Oct. 27</td> <td>Zep Edwards</td> </tr> <tr> <td>Oct. 30</td> <td>Shirley Bankes</td> </tr> </table>	Oct. 1	Dirci Marquart, Joan Sticker	Oct. 2	Richard Barr	Oct. 3	Leonice Finney	Oct. 18	Kim Vogt	Oct. 24	Fred Herz	Oct. 25	Arlene Mott	Oct. 26	Lucille Malcolm	Oct. 27	Zep Edwards	Oct. 30	Shirley Bankes
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Calendar of Events

Hawaiian Luau, October 14, 2006, 6:30 PM

Chesapeake Conference
6600 Martin Road
Columbia, MD 21044-9988

ADMISSION: \$3

Light snacks will be provided. There will be games and door prizes. Hawaiian attire suggested but not required.

Church Day, November 4, 2006

Upper County Seventh-day Adventist Church
14210 Comus Road, Clarksburg, MD 20871-3000

Enjoy meeting singles at the Upper County SDA Church. Sabbath School begins at 10 AM and Church Service is at 11 AM. There will be a fellowship meal after church. Please bring something to share for the meal. Contact: Linda Wilson at 301-330-1899.

Caribbean Cruise, Jan. 14-21, 2007

MissionServ Singers Fund Raising Cruise will help MissionServ build a church in a needy area of the world. 75 cabins have been reserved. The deadline has been extended to October 17.

For more information, call the Cruise Coordinator Dirci @ 240-315-2115 or Carina @ 301-748-4571, or visit site: www.missionserv.org.

Mission Trip – Feb. 22-March 7, 2007

Join singles in building a church in northeast Brazil.

Contact: Dirci, dirci@missionserv.org
Tel. (240) 315-2112; (301) 733-3537
www.fundamed.org, www.volunteerbrazil.org,
www.missionserv.org

Other Things to Try

Health Lectures, Oct. 7, 2006

Reaching Hearts International SDA Church
Cedar Ridge Conference Center
2410 Spencerville Road - Rt. 198
Spencerville, Maryland.

Dr. Richard Ruhling will present health lectures during the fellowship meal. Topics include increase energy, lower fatigue and lose weight without dieting.

Please bring something to share for the meal.

Singing in the Barn, Oct. 7, 6:30 PM

The Booth Brothers

2778 Mont Alto Road
Chambersburg, PA 17201
Tel. 717-264-2887

Email: Mail@singinginthebarn.org
<http://www.singinginthebarn.org/>

Basics for Raw Food/Vegan Seminar

Oct. 22-25, 2006, 6-9 PM

Presented by Chef Jeff and Nancy Riedesel

Patterson Avenue
Seventh-day Adventist Church
3901 Patterson Avenue
Richmond, VA 23221

Contact: Rose Ann Campbell for price and details. Tel. 804-672-3837. Space is limited. Deadline: Oct. 15.

*“Pleasant words are as an honeycomb,
sweet to the soul, and health to the bones.”
Proverbs 17:24, KJV*